

Havdalah

The Havdalah ceremony marks the separation between the Sabbath day of rest, and the rest of the week. With Havdalah, we say goodbye to Shabbat, but we hope that the sweetness and holiness of the day will remain with us during the coming week.

Yai lai lai lai lai lai lai lai (3x), Lai lai lai lai lai lai lai

We usher in the new week by saying a blessing over a full cup of wine, a symbol of joy, to sanctify the moment. (We wait until the havdalah ceremony is complete before drinking the wine.)

**Baruch ata Adonai, Eloheinu melech ha'olam,
borei p'ri hagafen.**

ברוך אתה יי אלהינו מלך העולם.
בורא מיני בשמים:

We praise You, Eternal God, Sovereign of the universe: Creator of the fruit of the vine.

Yai lai lai lai lai lai lai lai (3x), Lai lai lai lai lai lai lai

The fragrant spices signify our hope for a week filled with sweetness. (The spices are shaken and passed around for all to enjoy their aroma.)

**Baruch ata Adonai, Eloheinu melech ha'olam,
borei minei v'samim.**

ברוך אתה יי אלהינו מלך העולם.
בורא פרי הגפן:

We praise You, Eternal God, Sovereign of the universe: Creator of the world's spices.

Yai lai lai lai lai lai lai lai (3x), Lai lai lai lai lai lai lai

The light of the candle expresses our hope for a week of brightness and joy. The candle's multiple wicks remind us that we are all connected. At Havdalah, we hope that our actions in the coming week will have a positive impact upon the world around us. (We say the blessing over the light, extending our hands towards the candle with our palms facing us, observing the reflection of the light in our fingernails and the shadow upon our hands. As we curl our fingers towards us, we hold onto a little bit of the light, and a little bit of Shabbat.)

**Baruch ata Adonai, Eloheinu melech ha'olam,
borei m'orei ha'eish.**

ברוך אתה יי אלהינו מלך העולם.
בורא מאורי האש:

We praise You, Eternal God, Sovereign of the universe: Creator of fire.

Yai lai lai lai lai lai lai lai (3x), Lai lai lai lai lai lai lai

As we experience the separation between the holiness of Shabbat and the everyday, we are reminded that we have the ability to bring Shabbat with us into the week that lies ahead. May we be inspired to infuse ordinary moments with sparks of holiness!

**Baruch ata Adonai, Eloheinu melech ha'olam,
hamavdil bein kodesh l'chol, bein or l'choshech,
bein Yisraeil la'amim, bein yom hash'vi'i
l'sheishet y'mei hama'aseh. Baruch ata Adonai,
hamavdil bein kodesh l'chol.**

ברוך אתה יי אלהינו מלך העולם.
המבדיל בין קדש לחול. בין אור לחושך
בין ישראל לעמים. בין יום השביעי
לששת ימי המעשה: ברוך אתה יי.
המבדיל בין קדש לחול:

We praise You, Eternal God, Sovereign of the universe:
You call us to distinguish the commonplace from the holy.

(At the conclusion of this blessing, we drink the wine, and then extinguish the candle in the wine. Listen for the sizzle!)

As we make the transition back to our week, we invoke the name of the prophet Elijah, whose arrival is said to herald the coming of the messianic era, a time of justice and peace throughout the world. Some add that Miriam the prophetess will lead the Jewish people in joyful song and dance to a time of perfection. Shabbat is a taste of that perfection, but our work in the world is needed to bring it about.

**Eliyahu hanavi, Eliyahu hatishbi,
Eliyahu, Eliyahu, Eliyahu hagiladi
Bimheirah v'ya-mei'nu ya-vo eileinu,
Im mashiach ben David**

אלהיו הנביא. אליהו התשבי.
אלהיו. אליהו. אליהו. הגלעדי
במהרה בימינו. יבא אלינו.
עם משיח בן דוד. עם משיח בן דוד:

Shabbat has now ended. We wish one another, "Shavua tov, a good week!"

Shavua Tov! (8x) A good week, a week of peace, may gladness reign and joy increase! (2x)

שבוע טוב