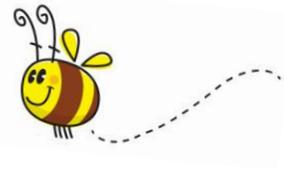




Apples



and Honey



A Musical Family Program  
for Rosh Hashanah



Brought to you by  
The Bender-Dosik Parenting Center  
Early Childhood Music Specialist, Lisa Baydush  
Jewish Community Center of Greater Washington

## Shalom Yeladim

by Ellen Allard, adapted



Shalom chaverim, shalom chaverim,  
Shalom, shalom, shalom! (repeat)

Shalom to the boys and girls!  
Shalom to the moms and dads!  
Shalom to the grandmas and grandpas!  
Shalom shalom, my friends!

Stretch your arms way up high,  
Wave shalom to the sky;  
Shake your shoulders, bounce your knees,  
Take a deep breath and sing with me!

## How Good It Is, How Sweet It Is

by Emily Aronoff Teck

How good it is, how sweet it is,  
Being here with my friends at the JCC!  
How good it is, how sweet it is,  
Being here with you!

Hinei (hinei!) mah tov (mah tov!)  
U'mah naim (clap, clap)  
Shevet achim gam yachad! (repeat)

Today is a special holiday – it's the start of a brand new year!  
On Rosh Hashanah, we say 'Shanah Tovah'  
to wish each other a HAPPY new year!

## Shanah Tovah

by Lisa Baydush

Shanah tovah, shanah tovah, shanah tovah to you!  
Shanah tovah, shanah tovah, shanah tovah to you!

The new year's here, let's clap our hands,  
Let's clap our hands together;  
The new year's here, let's clap our hands,  
And say: Shanah Tovah!



On Rosh Hashanah, we eat apples and honey.  
We hope that the new year will be very SWEET  
...just like apples dipped in honey!

### Rosh Hashanah Macarena

to the tune of The Macarena

Apples, apples in the honey,  
Yummy, yummy in my tummy!  
Apples, apples in the honey,  
Yay! It's Rosh Hashanah! (Woo!)



On Rosh Hashanah, we celebrate  
the birthday of the world!

### Birthday of the World

by Lisa Baydush

It's the birthday, it's the birthday,  
It's the birthday of the world today! (repeat)

We think about when the world was made, and all the things we're gonna do today  
to make tomorrow a brighter day, as we celebrate the birthday of the world!



On Rosh Hashanah, we read the story in the Torah  
of when God created this big beautiful world!

### Six Days to Make This Beautiful World

by Lisa Baydush to the tune of Down on Grandpa's Farm

(It took) Six day, six days to make this beautiful world! (repeat)

On the first day, God made dark and light (2x)  
And then God said that it was good (it was good!) (2x)

On the second day, God made the land and sky and sea (2x)  
And then God said that it was good (it was good!) (2x)

On the third day, God made flowers and trees (2x)  
And then God said that it was good (it was good!) (2x)

On the fourth day, God made the sun and moon and stars (2x)  
And then God said that it was good (it was good!) (2x)

On the fifth day, God made fish and birds (2x)  
And then God said that it was good (it was good!) (2x)

On the sixth day, God made animals and people (2x)  
And then God said that it was good (it was good!) (2x)

On the seventh day, God took a rest (2x)  
And that is why we have Shabbat (Shabbat!) (2x)

Our rabbis teach that we are God's partners in the ongoing work of creation. Will you be God's partners?  
Will you help paint a beautiful world?

## Painting a Beautiful World

by Lisa Baydush

I'm gonna paint a beautiful world, do you wanna paint with me?  
I'm gonna paint a beautiful world, c'mon and paint it with me!



**Blue** paint, blue paint, gonna paint a blue, blue sky (2x)  
**Yellow** paint, yellow paint, gonna paint a shining sun (2x)  
Ohhh...



**Green** paint, green paint, gonna paint the green, green grass (2x)  
**Orange** paint, orange paint, gonna paint an orange orange (2x)  
Ohhh...

**Red** paint, red paint, gonna paint an apple in a tree (2x)  
**Purple** paint, purple paint, gonna paint pretty purple flowers (2x)  
Ohhh...

**Keshet**, keshet, gonna paint a rainbow in the sky (4x) Ohhh...

We just painted a beautiful world for everybody to see!  
We just painted a beautiful world, thanks for painting with me!

What a beautiful world! On Rosh Hashanah,  
we think about how we can use our helping hands to keep  
the world bright and beautiful, filled with kindness and love!

## We've Got the Whole World in Our Hands

We've got the whole world in our hands!  
We've got the whole wide world in our hands!  
We've got the whole wide world in our hands!  
We've got the whole world in our hands!

Rivers and the oceans...  
The flowers and the trees...  
Air we breathe...  
Love to share...



Now let's take a breath —  
Now let's let it out —  
Let's quiet down our bodies  
And get ready to pray...

## Prayer is Reaching to God

to the tune of Freres Jacques

Prayer is reaching,  
Prayer is reaching,  
Up to God, up to God;  
Saying what we're thinking,  
Saying what we're feeling,  
Reaching up, up to God.



## God is Everywhere

by Ellen Allard

God is everywhere and God is one, God is one (3x)  
in the moon and the stars and the shining sun;  
God is everywhere and God is one, God is one!

In my hands, God is one!  
In my heart, God is one!  
In my head, God is one!  
In my hugs, God is one!

On Rosh Hashanah, we blow the shofar!  
It says: Wake up! A new year is here! There is work to be done!

Baruch Atah Adonai,  
Eloheinu Melech ha-olam  
asher kid'shanu b'mitz'votav v'tzivanu  
lish'moa kol shofar



בְּרוּךְ אַתָּה יְיָ  
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ  
לְשִׁמּוֹעַ קוֹל שׁוֹפָר

Praised are You, O God, for Your teachings and the shofar, its sound and its blessings.

The first sound, TEKIAH, is loud and strong!  
The second sound, SHEVARIM, is a low note and a high note!  
The third sound, TERUAH, is made up of little broken notes!  
The fourth sound, TEKIAH GEDOLAH is the longest note of all!

### Shofar Blast

by Ellen Allard

I like to hear the shofar blast,  
Sometimes slow and sometimes fast!  
I like to hear the shofar blast;  
Happy, happy, happy New Year!

Tekiah!  
Shevarim!  
Teruah!  
Tekiah Gedolah!



As we come to the end of our service, we take a moment  
to say thank you to God for our many blessings!

We thank God for creating the fruit of the tree:



בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הָעֵץ:

Baruch Atah Adonai, Eloheinu Melech ha-olam borei p'ri ha-eitz

We thank God for bringing forth bread from the earth:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצִיא לֶחֶם מִן הָאָרֶץ:

Baruch Atah Adonai, Eloheinu Melech ha-olam

Ha-motzi lechem min ha-aretz



We thank God for bringing us to this special day:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

שֶׁהַחַיִּינוּ וְקִיַּמָּנוּ וְהִגִּיעָנוּ לְזֶמַן הַזֶּה:

Baruch Atah Adonai, Eloheinu Melech ha-olam  
Shehecheyanu, v'kiyamanu, v'higianu lazman hazeh

## Shanananah Tovah

by Chris Vaughn

Sha-na-na na-na-na-na na-na-nah, Shanah tovah! (4x)

We celebrate together with friends and family;  
We dip apples in honey, and say: 'Shanah Tovah!'

We celebrate together with friends and family;  
We blow the shofar, and say: 'Shanah Tovah!'

# Shanah Tovah!

