

# Apples & Honeys



## A Musical Family Program for Rosh Hashanah

Brought to you by  
The Bender-Dosik Parenting Center  
Early Childhood Music Specialist, Lisa Baydush  
The Bender Jewish Community Center of Greater Washington



# SHANAH TOVAH!

Happy New Year!

שָׁנָה טוֹבָה

## Hal'l'luyah

Ha-li-le ha-li ha-li-le-lu-yah,  
Ha-li-le ha-li ha-li-le-lu-yah (repeat)



Clap your hands and say good morning,  
Clap your hands and say: Boker tov!  
Clap your hands and say good morning,  
Clap your hands and sa-a-ay: Boker tov!

Wave to your friends and share a big smile,  
Wave to your friends and say: Shalom Chaverim!

Jump up 'n down cause we're happy it's Shabbat  
Jump up 'n down and say: Shabbat Shalom!

Say happy new year cause it's Rosh Hashanah  
Say happy new year, Shanah tovah!

## Tov, Tov, Tov

by Lisa Baydush

Tov, tov, tov – how good it is!  
Tov, tov, tov – how good it is!  
Tov, tov, tov, to be together! Yachad! (repeat)

How good it is to see you! (Hinei mah tov!)  
Your smiles brighten my day! (Hinei mah tov!)  
I'm so glad that you're here  
So we can all sing— la-la-la-la-la— together!  
Hinei, hinei, hinei mah...



## Little Honey-Bee

adapted by Lisa Baydush  
to the tune of I'm a Little Piece of Tin

I'm a little honey-bee,  
I hope that you're not scared of me!  
I make honey that tastes so sweet  
So you can have a Rosh Hashanah treat!



Bzzz Bzzz! Dip the apple in the honey!  
Bzzz Bzzz! Dip the apple in the honey!  
Bzzz Bzzz! Dip the apple in the honey!  
For a treat that's very sweet!

Hello, little honey-bee!  
Thanks for making our honey!  
It tastes so sweet, it tastes so fine,  
We could eat it all the time!

## Apples and Honey

by Lisa Baydush

Apples and honey (3x)  
For a sweet new year! (repeat)

Dip an apple in some honey;  
Take a bite, it's oh so yummy!  
Dip an apple in some honey;  
For a very, very sweet new year!



The bees make honey that tastes so sweet  
The trees grow apples for us to eat  
Together they make a tasty treat  
For a very, very sweet new year!

## Rosh Hashanah Macarena

Apples, apples in the honey  
Yummy, yummy in my tummy  
Apples, apples in the honey  
Yay! It's Rosh Hashanah! (Woo!)



# B'RESHIT

## In the Beginning!

### בְּרֵאשִׁית



#### Happy Birthday World

by Eliana Light

Hayom, hayom, harat olam  
Happy birthday world (HAPPY BIRTHDAY!) (repeat)

If you were a kid (echo)  
I'd bake you a cake (echo)  
But you couldn't eat it (echo)  
So instead I'll say (echo) (chorus)

On this day (echo)  
Please help us grow, (echo)  
And bless us with (echo)  
A sweet new year (echo) (chorus)

#### Six Days to Make This Beautiful World

adapted by Lisa Baydush  
to the tune of Down on Grandpa's Farm

It took six day, six days  
to make this beautiful world! (repeat)



On the 1<sup>st</sup> day, God made dark and light (2x)  
And then God said that it was good (IT WAS GOOD!) (2x)

On the 2<sup>nd</sup> day, the land and sky and sea...  
On the 3<sup>rd</sup> day, flowers and trees...  
On the 4<sup>th</sup> day, the sun and moon and stars...  
On the 5<sup>th</sup> day, fish and birds...  
On the 6<sup>th</sup> day, animals and people...

On the 7<sup>th</sup> day, God took a rest (2x)  
And that is why we have Shabbat (2x)

## Building a Better World

by Ellen Allard

We're building a better world,  
We're building a better world  
We're building a better world,  
One person at a time.



And the world goes round and round,  
the world goes round and round and round (repeat)

We're building a world with smiles, kindness, hugs, friends...

# T'FILAH

## Prayer

### תְּפִלָּה

## Prayer is Reaching to God

adapted by Chuck Mitchell to the tune of Frere Jacques

Prayer is reaching, prayer is reaching,  
Up to God, up to God (out/in)  
Saying what we're thinking,  
Saying what we're feeling,  
Reaching up, up to God.



## Sh'ma

melody by Solomon Sulzer

Sh'ma Yisrael Adonai Eloheinu Adonai Echad  
Baruch sheim k'vod malchuto l'olam va'ed

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ. יְיָ אֶחָד:  
בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד:

# Miriam's Freeze Dance

by Eliana Light



Shake, shake, shake your tambourine,  
Shake your tambourine with Miryam at the sea;  
C'mon and shake, shake, shake your tambourine,  
Shake your tambourine and freeze!

Dance, dance, dance all around,  
Dance now we are free;  
Dance, dance, dance all around,  
Dance all around and freeze!



*Blessing for the fruit of the vine:*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הַגֶּפֶן:  
Baruch Atah Adonai Eloheinu Melech ha'olam  
borei p'ri hagafan



*Blessing for the fruit of the tree:*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הָעֵץ:  
Baruch Atah Adonai Eloheinu Melech ha'olam  
borei p'ri ha'etz



*Blessing for bread from the earth:*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצִיא לֶחֶם מִן הָאָרֶץ:  
Baruch Atah Adonai Eloheinu Melech ha'olam  
ha'motzi lechem min ha'aretz



*We thank God for for bringing us to this day:*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
שֶׁהַחַיִּינוּ וְקִיַּמְנוּ וְהִגִּיעַנוּ לְיָמֵינוּ הַזֶּה:  
Baruch Atah Adonai, Eloheinu Melech ha-olam  
Shehecheyanu, v'kiyamanu, v'higianu lazman hazeh

## I am Thankful

adapted by Lisa Baydush  
to the tune of There's a Little Wheel a-Turning in my Heart

I am thankful for my loving family  
I am thankful for my loving family  
Todah rabah, todah rabah  
I am thankful for my loving family



## Shofar Blast

by Ellen Allard



I like to hear the shofar blast,  
Sometimes slow and sometimes fast!  
I like to hear the shofar blast;  
Happy, happy, happy New Year!

Tekiah!  
Shevarim!  
Teruah!  
Tekiah Gedolah!



*Blessing for the shofar:*

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם  
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְשַׁמֵּעַ קוֹל שׁוֹפָר  
Baruch Atah Adonai Eloheinu Melech ha'olam  
asher kid'shanu b'mitz'votav v'tzivanu lish'moa kol shofar

## Sabbath Wishes

by Ellen Allard, adapted

Shanah tovah, shanah tovah,  
Shanah shanah tovah (repeat)

I wish for you a happy year,  
I wish for you a healthy year,  
A happy year, a healthy year,  
Shanah shanah tovah!

*Shanah Tovah!*



Service by Lisa Baydush © 2020  
[www.LisaBaydush.com](http://www.LisaBaydush.com)