

Tot Shabbat

Sing! DANCE! Play! Pray!



Celebrate Shabbat with
Early Childhood Music Specialist,
Lisa Baydush!



Congregation B'nai Tzedek
10621 S. Glen Road, Potomac, MD

BOKER TOV!

Good Morning!

בִּקְר טוֹב



Hal'li'luyah 🎵🎶

Ha-li-le ha-li ha-li-le-lu-yah, (3x)
Ha-li-le ha-li-le-e-e, ha-le-lu-yah!

Shake the hand of someone next to you
Shake their hand and say, "Shabbat Shalom!" (repeat)

Wave to a friend and share a big smile...
Give a hug to someone very special...

Boker Tov by Sally Heckelman 🎵🎶

Boker, boker tov, boker tov to you (2x)

Good morning, my friends! Shalom chaverim!
Good morning, my friends! C'mon and sing with me!

I'm So Glad That Shabbas is Here by Ellen Allard 🎵🎶

Shabbas is here, Shabbas is here!
I'm so glad that Shabbas is here! (repeat)

I'm gonna clap my hands/stomp my feet/wiggle my tushy,
'cause I'm so glad that Shabbas is here! (repeat)

Shabbat Shalom/Mah Yafeh (Taubman/Miron medley) 🎵🎶

Sha-a-a-a-bbat sha-a-a-a-lom (4x)

Mah yafeh hayom,
Shabbat shalom (repeat)

מֵה-יָפֵה הַיּוֹם,
שַׁבַּת שְׁלוֹם

Shabbat, Shabbat shalom (3x) Shabbat shalom

Bim Bom by Nachum Frankel 



Bim bom, bim bim bim bom,
Bim bim bim bim bim bom (chiri biri biri) (repeat)

Shabbat Shalom (clap) (2x);
Shabbat, Shabbat Shabbat, Shabbat Shalom! (repeat)

Shabbat, Shabbat, Shabbat Shabbat shalom! (2x)

Shabbat Shalom Niggun by Lisa Silver 

Yai lai lai lai lai; yai lai lai lai lai;
Shabbat, Shabbat shalom! (repeat)

Shabbat, Shabbat shalom!
Shabbat shalom! (repeat) Shabbat shalom...

Let's Get Ready to Pray by Lisa Baydush 

Shake, shake, shake your yadayim! (3x)
Let's get ready to pray!

Stretch to the shamayim...
Bend your berkayim...
Touch your raglayim...
Shake out your whole guf... Now we're ready to pray!

Prayer is Reaching to God to the tune of Frere Jacques 

Prayer is reaching, prayer is reaching,
up to God, up to God!
Saying what we're thinking,
Saying what feeling,
Reaching up, up to God!

Repeat with 'out' and 'in'...

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם.
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהִתְעַטֵּף בְּצִיצִית
Baruch Atah Adonai eloheinu melech ha'olam
asher kid'shanu b'mitvotav v'tzivanu l'hitatef batzitzit.



Blessed are You, our God, who enriches our lives with holiness,
commanding us to wrap ourselves in the tallit.

MODEH ANI!

I am Thankful!

מוֹדָה אֲנִי

One of the central themes in Judaism is the concept of thanksgiving. Our first words when we arise in the morning should be, "Modeh Ani L'fanecha" - "I thank you, God" for restoring our souls and granting us another day.

Modeh Ani by Lisa Baydush 

I wake up in the morning with a smile on my face;
There's a song in my heart, and a prayer I always say.

I say:

Modeh ani, thank You, God, for this brand new day!
Modeh ani, thank you for this brand new day (repeat)

Modeh Ani by Emily Aronoff 

Modeh Modeh, Modeh Ani!
I'm as grateful as I can be;
Wake up each morning, first thing I say
is thank you to God for this day!

Thank you for _____ (8x)

Brand New Day by Ellen Allard 

It's a brand new day! It's a brand new day!
When I wake up, I say - it's a brand new day!

Modeh/Modah ani l'fanecha (2x)
I give thanks to You, O God!
It's a brand new day!

BAR'CHU

We praise God!

בְּרַחוּ

The Bar'chu is our 'call to worship' prayer. But what does it mean to be 'called' to worship? All serious activity requires preparation. The prayers and blessings that precede Bar'chu are warm-ups for the individual. Now communal prayer begins. The leader asks, "Are you ready to pray?" And we respond, "Yes, let us pray!"

(Richard Levy)

Are You Ready to Pray? by Ellen Allard 🎵🎶

Are you ready to pray? **Yes, we're ready to pray!** (3x)
Then let's pray! **Okay!**

בְּרַחוּ אֶת־יְיָ הַמְּבָרָךְ
בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד
Bar'chu et Adonai ha-m'vo-rach
Baruch Adonai ha-m'vo-rach, l'olam va-ed

We praise Adonai our God,
to whom our praise is due, now and forever.



SH'MA

Our God is ONE!

שְׁמַע

There was a little girl who, as she was leaving the synagogue, turned to her mother and said, "Mommy, the rabbi's sermon confused me." "Why?" her mother asked. "Well," said the little girl, "the rabbi said that God is bigger than we are. Is that true?" "Yes," her mother answered. "And the rabbi also said that God lives in us. Is that true?" Again, the mother answered, "Yes." "Well," said the little girl, "If God is bigger than we are and lives in us, wouldn't God show through?"

שְׁמַע יִשְׂרָאֵל: יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד:
בְּרוּךְ שֵׁם כְּבוֹד מְלֻכּוּתוֹ לְעוֹלָם וָעֶד:

Sh'ma Yisrael Adonai Eloheinu, Adonai Echad.
Baruch sheim k'vod mal'chuto l'olam va-ed.

Hear O Israel, Adonai is our God, Adonai is one.
Blessed is God's glorious majesty forever and ever.

God is Everywhere by Ellen Allard 



God is everywhere and God is one, God is one! (2x)
God is everywhere and God is one,
in the moon and the stars and the shining sun;
God is everywhere and God is one, God is one!

How D'Ya Know That God is Here? by Ellen Allard 

How d'ya know that God is here/there/everywhere? (3x)

You can **SEE** God in a _____ (3x);
You can see God everywhere! (2x)

Hear, Smell, Touch, Taste...

V'AHAVTA

Love Adonai Your God!

וְאָהַבְתָּ



We show our love for God with all our
HEARTS when we love other people!

We show our love for God with all our
SOULS when we are kind and caring!

We show our love for God with all our
MIGHT when we help people in need!

V'ahavta by Ellen Allard; verse by Lisa Baydush 🎵🎶

V'ahavta et Adonai Elohecha!
Love Adonai your God! (repeat)

וְאָהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ

With all your heart!
With all your soul!
And with all your might! (repeat)

Give a Hug by Bari Koral 🎵🎶

Give a hug, give give a hug! (3x)
Give a hug right now!

Show some love...
Lend a hand...




MI CHAMOCHA

Who is like You, O God?!

מִי־כַמְּכָה

The Passover story is such a pivotal part of our history that at every service we recall our ancestors' journey from slavery to freedom, and rejoice as they did, singing with praise and wonder: Mi chamocha ba'eylim Adonai, Who is like You, O God?!

Mi Chamocha by David Shneyer 

Mi Chamocha, Mi Chamocha! (3x)

Ba'eylim Adonai!

מִי־כַמְּכָה
בְּאֵלִים יי

Who is like You, Who is like You, God? (3x)
Great, mighty and awesome!

Great, Mighty and Awesome by Ellen Allard 

Chorus:

Great, mighty and awesome, YEAH! (3x)
God Supreme! (repeat)

God of Abraham, Isaac and Jacob,
Sarah, Rebecca, Rachel and Leah! (chorus)

We sing love, we sing praise,
We sing joy all our days! (chorus)



TORAH SERVICE



The Torah fills our **HEARTS** with joy,
our **MINDS** with wisdom, and our **SOULS** with strength.

Thank you, God, for the gift of Torah!

Ki mitzion, t'zei Torah (2x)	כִּי מִצִּיּוֹן תֵּצֵא תּוֹרָה.
Ud'var Adonai mi'ru-sha-la-yim	וּדְבַר-יְהוָה מִירוּשָׁלַיִם
Baruch shenatan Torah (Torah) (2x)	בָּרוּךְ שֶׁנָּתַן תּוֹרָה
L'amo Yisrael bik-du-sha-to	לְעַמּוֹ יִשְׂרָאֵל בְּקִדְשָׁתוֹ
Sh'ma Yisrael Adonai Eloheinu,	שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ
Adonai Echad (echo)	יְיָ אֶחָד:
Echad Eloheinu, Gadol Adoneinu	אֶחָד אֱלֹהֵינוּ. גָּדוֹל אֲדֹנָינוּ
Kadosh Sh'mo (echo)	קָדוֹשׁ שְׁמוֹ:

Torah Torah

Torah Torah Torah, Torah Torah Torah, Torah tziva lanu Moshe (2x)
Torah Torah, Torah Torah, Torah tziva lanu Moshe (2x)
Torah tziva lanu Moshe (4x)

Tree of Life by Richard Silverman

It is a tree of life to them that hold fast to it
and all its supporters are (clap) happy! (repeat)



Shalom, shalom (clap 4x) (4x)	שְׁלוֹם. שְׁלוֹם
Eitz chayim hi lamachazikim ba	עֵץ חַיִּים הִיא לַמְחַזְקִים בָּהּ
V'tom-chei-ha me'ushar	וְתוֹמְכֶיהָ מְאֻשָּׁר

ALEINU

Building a Better World!

עלינו

As we come to the end of our service,
we pray for a peaceful world,
and give thanks for all
of our blessings!

Building a Better World by Ellen Allard 🎵🎵🎵

We're building a better world (3x) one person at a time.

And the world goes round and round,
the world goes round and round and round (repeat)

We're building a world with love... peace... friends...

Sim Shalom 🎵🎵🎵

Sim, sim, sim shalom (3x)

שִׁים שִׁים שִׁים שְׁלוֹם

Tova uv'rachah

טוֹבָה וּבְרָכָה

Yai lai lai lai lai lai lai lai (3x) Yai lai lai, yai lai lai lai!

We Say Todah by Lisa Baydush 🎵🎵🎵

On Shabbat, we give thanks,
We give thanks to God;
On Shabbat, we give thanks;
In Hebrew, we say 'todah!'

For our **FAMILIES**, todah!
For our **FOOD**, todah!
For our **FRIENDS**, todah!
For our **HOMES**, todah!



CONCLUDING PRAYERS

A Blessing for the Ones You Love by Debbie Friedman

May God bless you and keep you
every moment, every day;
May God smile at you and
fill your heart in every way;
May God help you find
the goodness in everything you do;
May you be blessed with peace and love!

Family Blessing by Emily Aronoff Teck

You are a blessing (echo) every day (echo)
When I watch you grow (echo), when I see you play (echo)
I'll love you and keep you (echo), I'll hug you and kiss you (echo)
Forever and ever (echo) and ever (echo)

May God bless you (echo), may God keep you (echo)
Shine light on you (echo), help you find peace (echo)
May God watch you (echo) and stay with you (echo)
Forever and ever (echo) and ever (echo)

Great Shabbat by Lisa Baydush

Have a great, great, great Shabbat! (3x)
Have a really, really, really, really GREAT Shabbat!

Shababababa Shabbat Shalom by Sally Heckelman

Sha-ba-ba-ba-ba, Shabbat Shalom! (3x)
Shabbat, Shabbat Shalom!