



Shabbat

Family Service

Sixth & I Historic Synagogue

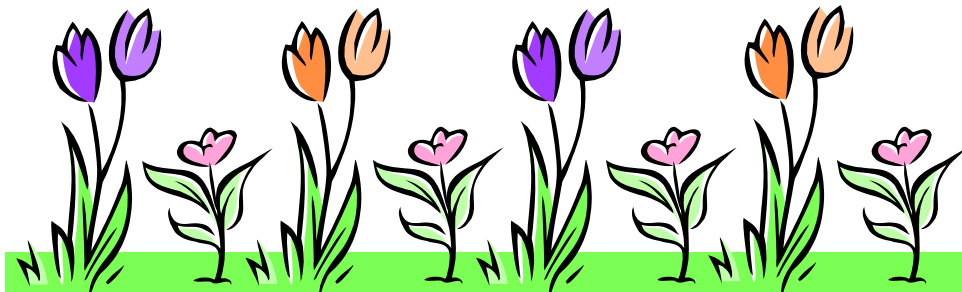




*Once the world was dark and gray,
God made it light and called it day.
Next He created earth and sky,
And beasts that crawl and birds that fly.*

*At last, to make complete His plan,
Almighty God created Man.
Six days had come and gone this way,
When God created the Sabbath Day.*

*This day of the week I like the best
Is the holy Sabbath, Day of Rest!*





SHABBAT SHALOM!

♪ Sing a Song *by Lisa Baydush*

Chorus:

*C'mon, let's all sing a song together, c'mon, let's sing a song!
Raise your voices and your spirits high, c'mon, let's sing a song! (2x)*

*Sing it high, sing it low, sing it fast, sing it slow;
Sing a song of love to God above, c'mon, let's sing a song! (chorus)*

*Rock the roof, shake the walls, fill the halls with song!
C'mon, let's sing a song we love, c'mon, let's sing a song! (chorus)*

*Tap your toes, clap your hands, sing along with me
Jump up and dance and sing a song, c'mon, let's sing a song! (chorus)*

Sing a song! Sing a song! Sing a song! Sing a song!

♪ Ha'PPPP'Pluyah

Chorus:

*Ha-li-le ha-li ha-li-le-lu-yah, Ha-li-le ha-li ha-le-lu-yah,
Ha-li-le ha-li ha-li-le-lu-yah, Ha-li-le ha-li-le-e-e, ha-le-lu-yah*

*Shake the hand of someone next to you; Shake their hand and say "Shalom!" (hello)
Shake the hand of someone next to you; Shake their hand and sa-a-ay, "Halleluyah!"*

♪ I'm So Glad That Shabbas Is Here *by Peter and Ellen Allard*

Chorus:

Shabbas is here, Shabbas is here! I'm so glad that Shabbas is here! (2x)

I'm gonna clap my hands... 'cause I'm so glad that Shabbas is here (2x) (chorus)

♪ I've Got That Shabbat Feeling

*I've got that Shabbat feeling in my hands, in my hands, in my hands;
I've got that Shabbat feeling in my hands all Shabbat long!*

♪ A Way to Say Ah *by Beth Schaefer (adapted by Lisa Baydush)*

*Shabbat is a wonderful day - a day we can rest, a day to refresh;
Shabbat is a beautiful day, so take the time today to find...*

Chorus:

*A way to say ah... a way to say oooo...
A way to say oh, thank God I'm alive!*



What a very special gift Shabbat is! On Shabbat, we remind ourselves that God created the world in six days, and that on the seventh day, God rested. On Shabbat, we are reminded to slow down and appreciate the many blessings in our lives. We are supposed to take the time to rest, to pray, to play, to be with people we love. When we take the time to celebrate Shabbat, we refresh our bodies as well as our souls. We thank You, God, for this day of rest and holiness. Mah yafeh hayom – how beautiful this day is!



♫ **Mah Yafeh Hayom** by Issachar Miron... How beautiful this day is: Shabbat Shalom!

Mah ya-feh ha-yom: Shabbat Shalom (2x)
Shabbat, Shabbat Shalom (3x), Shabbat Shalom!

מֵה־יָפֶה הַיּוֹם, שַׁבַּת שְׁלוֹם.
 שַׁבַּת שְׁלוֹם, שַׁבַּת שְׁלוֹם, שַׁבַּת שְׁלוֹם



We thank God for our world, which is filled with wonders! Each day, we are blessed with air to breathe, water to drink and food to eat. We have places to live and people who love us. This is a wonderful world. Thank You, God!

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם...
Baruch ata Adonai, eloheinu melech ha'olam
 We thank you God for...



Bar'chu et Adonai ham'vorach!
Baruch Adonai ham'vorach l'olam vaed!

בָּרְכוּ אֶת־יְיָ הַמְּבָרָךְ!
 בָּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד!

We praise Adonai our God, to whom our praise is due, now and forever.

Sh'ma Yisrael Adonai Eloheinu, Adonai Echad. שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד:
Baruch sheim k'vod mal'chuto l'olam vaed. בָּרוּךְ שֵׁם כְּבוֹד מְלָכוּתוֹ לְעוֹלָם וָעֶד:

Hear O Israel, Adonai is our God, Adonai is one.
 Blessed is God's glorious name which rules forever.

♫ **God is Everywhere and God is One** by Peter and Ellen Allard

Chorus:
God is everywhere and God is one, God is one! (2x) God is everywhere and God is one,
In the moon and the stars and the shining sun; God is everywhere and God is one,
God is one!



*V'abavta et Adonai Elohecha,
 b'chol l'vav'cha uv'chol naf'sh'cha uv'chol m'odecha.
 V'hayu had'varim ba'eileh
 asher anochi m'tzav'cha hayom al l'vavecha.
 V'shinantam l'vanecha v'dibarta bam,
 b'shiv't'cha b'veitecha uv'lecht'cha vaderech
 uv'sboch'b'cha uv'kumecha. Uk'shartam l'ot al
 yadecha v'hayu l'totafot bein einecha.
 Uch'tav'tam al m'zuzot beitecha uvish'arecha.*

*L'ma'an tizk'ru va'asitem et kol mitz'votai
 v'hiyitem k'doshim leilobeichem. Ani Adonai
 Eloheichem
 asher hotz'eiti et'chem me'eretz Mitz'rayim
 lib'yt lachem leilohim. Ani Adonai eloheichem.*

וְאָהַבְתָּ אֶת יְיָ אֱלֹהֶיךָ.
 בְּכָל-לִבְבְּךָ וּבְכָל-נַפְשְׁךָ וּבְכָל-מְאֹדְךָ:
 וְהָיוּ הַדְּבָרִים הָאֵלֶּה
 אֲשֶׁר אָנֹכִי מְצַוְּךָ הַיּוֹם עַל-לִבְבְּךָ:
 וְשִׁנַּנְתָּם לְבָנֶיךָ וּדְבַרְתָּ בָּם,
 בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלִכְתְּךָ בַדֶּרֶךְ
 וּבְשֹׁכְבְךָ וּבְקוּמְךָ: וְקָשַׁרְתָּם לְאוֹת עַל-יָדְךָ
 וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ:
 וְכָתַבְתָּם עַל-מְזוּזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:

לְמַעַן תִּזְכְּרוּ וַעֲשִׂיתֶם אֶת-כָּל-מִצְוֹתַי
 וְהֵייתֶם קְדוֹשִׁים לֵאלֹהֵיכֶם: אֲנִי יְיָ אֱלֹהֵיכֶם
 אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם
 לְהִיּוֹת לָכֶם לֵאלֹהִים. אֲנִי יְיָ אֱלֹהֵיכֶם:

You shall love Adonai with all your heart.
*We love God with our hearts when we love other people, when we are respectful,
 when we speak kind words, and listen well.*

You shall love Adonai with all your mind.
We love God with our minds when we study Torah and teach it to our children.

You shall love Adonai with all your being.
*We love God when we do good deeds, when we give tzedakah, and when we help others.
 May our actions every day help make the world a better place.*

Building a Better World by Peter and Ellen Allard



We're building a better world (3x) one person at a time.

Chorus:
And the world goes round and round, the world goes round and round and round (2x)

We're building a world with love/peace/friends (3x) one person at a time.



As the Israelites rejoiced after crossing the Sea of Reeds to freedom, so may we rejoice in the miracle of each new day. Let us give thanks to God for those special moments that fill us with wonder. Mi chamocha ba-eylim Adonai – who is like You, O God?!!



♪ **Mi Chamocha** by Debbie Friedman

Yai lai lai's

*Mi-chamocha ba'eilim Adonai?
Mi kamocha, ne'dar bakodesh,
Nora t'hilot, oseh feleh? (2x)*

מִי־כַמְכָּה בְּאֵלִים, יֵי?
מִי כַמְכָּה נִאֲדָר בְּקֹדֶשׁ.
נִרְאָה תְהִלַּת, עֹשֶׂה פֶלֶא?



אֲדֹנָי, שְׁפֹתַי תִּפְתָּח, וּפִי יִגִּיד תְהִלָּתְךָ:
Adonai, s'fatai tiftach, ufi yagid t'hilatecha.

Eternal God, open my lips, that my mouth may declare Your glory.

*Baruch Atah Adonai Eloheinu Veilobei avoteinu
V'imoteinu. Elohei Avraham, Elohei Yitzchak,
Velohei Ya'akov. Elohei Sarah, Elohei Rivkah,
Elohei Leah Velohei Rachel. Ha-El bagadol,
Hagibor v'hanora Eil ehyon. Gomeil chasadim tovim,
V'konei hakol, v'zocheir chasdei avot v'imahot,
Umeivi g'ulah livnei v'neihem, l'ma'an sh'mo b'avava.
Melech ozeir umoshia umagein.
Baruch Atah, Adonai, magen Avraham v'ezrat Sarah.*

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ
וְאִמּוֹתֵינוּ: אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק,
וְאֱלֹהֵי יַעֲקֹב: אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְקָה,
אֱלֹהֵי לֵאָה, וְאֱלֹהֵי רָחֵל: הָאֵל הַגָּדוֹל
הַגִּבּוֹר וְהַנּוֹרָא אֵל עֲלִיּוֹן: גּוֹמֵל חֲסָדִים טוֹבִים
וְקוֹנֵה הַכֹּל, וְזוֹכֵר חֲסָדֵי אֲבוֹת וְאִמּוֹת.
וּמְבִיא גְאֻלָּה לְבָנָי בְּנֵיהֶם לְמַעַן שְׁמוֹ בְּאַהֲבָה:
מְלֹךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגַן:
בְּרוּךְ אַתָּה, יְיָ, מְגַן אַבְרָהָם וְעִזְרַת שָׂרָה:

Praised be our God, the God of our fathers and our mothers!

♪ **Great, Mighty and Awesome** by Peter and Ellen Allard

Chorus:

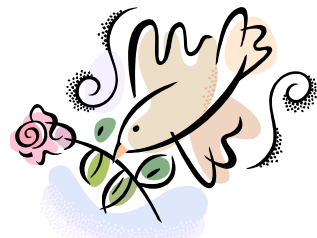
Great, mighty and awesome – yeah! (3x), God Supreme! (repeat)

God is here, God is there, God is all everywhere... (chorus)

In my heart, in my soul, in my life, God keeps me whole... (chorus)

We sing love, we sing praise, we sing joy all our days... (chorus)

~ *Silent Prayer* ~



♪ **Sim Shalom** by Lisa Silver

Chorus:

Sim sha-lom, sim sha-lom to-va uv-ra-chab (3x) Sim sha-lom, to-va uv-ra-chab

*We each hold a gift, man and woman, boy and girl,
There's as many pieces of this gift as people in the world,
And if we put them all together, maybe we can find a way
to build a peaceful world one day! (chorus)*



♪ **Hakafa** by Peter and Ellen Allard

Chorus:

*Ha-ka-fa--- we go around and around and around and around and
Ha-ka-fa--- we go around and around and around (toot-toot!). (repeat)*

We're marching with the Torah we love, love, love, love, love.

We're marching with the Torah given by God above...

Yes, God is up and down and in and out and all around... (chorus)

~ **Story** ~

At the end of our service, we say the Aleinu, a prayer that praises God.

We praise God with our voices when we sing out strong.

We say that God's presence is manifest throughout the world.

We know that God is everywhere, in the world around us, in our hearts, in our souls.

We say that Adonai is our God, there is none else.

God is great, mighty and awesome!

We pray for a world free of poverty and war, injustice and hate.

We pray for the day when all the world will be one.

בְּיוֹם הַהוּא יְהִיָּה יְיָ אֶחָד, וְשִׁמוֹ אֶחָד!

Ba-yom ha-hu yi-b'yeh Adonai E-chad, u-sh'mo E-chad!

On that day, O God, You shall be One and Your Name shall be One!

♪ **Bayom Hahu** by Peter and Ellen Allard

Bayom ha-hu yi-bi-yeh Ado-nai e-chad u'sh'mo e-chad, u'sh'mo e-chad (2x)

On that day, God will be one, and God's name shall be one! (2x) Yai dai dai dai dai!



♪ **Shabbabababat** by Sally Heckelman

Sha-ba-ba-ba-ba, Shabbat Shalom! (3x) Shabbat, Shabbat Shalom!

Shabbat Shalom to all the boys and girls! (3x) Shabbat, Shabbat Shalom!

