



Tot Shavuot

Congregation B'nai Tzedek



THE TEN COMMANDMENTS For Kids

-  **1** Love God more than you love anything else.
-  **2** Don't make anything in your life more important than God.
-  **3** Always say God's name with love and respect.
-  **4** Honor the Lord by resting on the seventh day of the week.
-  **5** Love and respect your mom and dad.
-  **6** Never hurt anyone.
-  **7** Always be faithful to your husband or wife.
-  **8** Don't take anything that isn't yours.
-  **9** Always tell the truth.
-  **10** Be happy with what you have. Don't wish for other people's things.



May 19, 2010

Welcome to our Tot Shavuot service! This is an interactive service with singing, dancing and percussion instruments. I appreciate your help in encouraging your children to participate fully by your example! Are you ready? C'mon, let's all sing a song together!

🎵 Sing a Song by Lisa Baydush

Chorus:

*C'mon, let's all sing a song together, c'mon, let's sing a song!
Raise your voices and your spirits high, c'mon, let's sing a song!
C'mon, c'mon, let's sing a song together, c'mon, let's sing a song!
Don't be shy, c'mon, just sing out strong, c'mon, let's sing a song!*

*Sing it high, sing it low, sing it fast, sing it slow,
Sing a song of love to God above, c'mon, let's sing a song! (chorus)*

*Rock the roof, shake the walls, fill the halls with song!
Jump up and dance and sing a song, c'mon, let's sing a song! (chorus)*

Sing a song! Sing a song! Sing a song! Sing a so—ng!



🎵 I'm in the Mood by Raffi

*I'm in the mood for singing, Hey, how about you?
I'm in the mood for singing, Hey, how about you?
I'm in the mood for singing, singing along with you!
Hey, hey, what do you say? I'm in the mood for that today!
Hey, hey, what do you say? I'm in the mood for that!*

Please rise...

🎵 Bar'chu

בְּרַכּוּ אֶת־יְיָ הַמְּבַרֵּךְ
בְּרוּךְ יְיָ הַמְּבַרֵּךְ לְעוֹלָם וָעֶד
Bar'chu et Adonai ha-m'vo—rach

Baruch Adonai ha-m'vo-rach, l'olam va-ed

We praise Adonai our God, to whom our praise is due, now and forever.

The Sh'ma affirms our belief in God. Let's take a moment and consider: Where is God? How do we know that God is there? Close your eyes; think of a moment when you felt God's presence. Take a deep breath, and as you exhale, breathe out the watchword of our faith.

🎵 Sh'ma

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד:
Sh'ma Yisrael Adonai Eloheinu, Adonai Echad.

Hear O Israel, Adonai is our God, Adonai is one.

♪ **God is Everywhere and God is One** by Peter and Ellen Allard

*God is everywhere and God is one, God is one! (2x)
God is everywhere and God is one, in the moon and the stars and the shining sun;
God is everywhere and God is one, God is one!*

Please be seated and read responsively...

The V'ahavta tells us that we should love God with our hearts, our minds and our souls.

We show our love for God by loving other people, by helping those in need.

The V'ahavta instructs us to teach Torah to our children.

We teach our children when we light Shabbat candles, when we tell story of Moses and Pharaoh, when we give tzedakah.

Today, on Shavuot, as we commemorate the day that God gave us the Torah, let us renew our dedication to live, love and teach Torah with all our heart, with all our mind and with all our soul.

♪ **V'ahavta** by Lisa Baydush



Chorus:

V'ahavta (echo), love our God (echo)

וְאָהַבְתָּ

V'ahavta (echo), pass it on (echo) (repeat chorus)

*Love with all your heart, love with all your soul,
Love with all your might each and every day! (chorus)*

*Teach it to your kids, teach them how to live,
Teach it in your home, and on your way. (chorus) (repeat first verse to end)*

God has given us so many wonderful gifts... our families, our homes, this beautiful world! Let us all sing a song of praise to God, as our ancestors did at the shore of the Sea of Reeds... Mi chamocha ba'eilim Adonai? Who is like you, O God?!

Instruments!...

♪ **Mi Chamocha** by Debbie Friedman

Mi-chamocha ba'eilim Adonai?

Mi kamocha, ne'dar bakodesh,

Nora t'hilot, oseh feleh? (2x)

Shira chadesha shib'chu ge'ulim

Leshimcha al s'fat hayam;

Yachad kulam bodu vehimlichu v'amru

Adonai yim'loch l'olam va'ed!

מִי־כַמּוֹכָה בְּאֵלִים. יִי?

מִי כַמּוֹכָה נִאֲדָר בְּקֹדֶשׁ.

נִוְרָא תְהִלָּת. עֹשֶׂה פְּלֵא?

שִׁירָה חֲדָשָׁה שְׂבָחוּ גְאוּלִים

לְשִׁמְךָ עַל־שֵׁפֶת הַיָּם:

יַחַד כְּלֵם הוֹדוּ וְהִמְלִיכוּ וְאָמְרוּ:

יִי יִמְלֹךְ לְעוֹלָם וָעֶד!



♪ **Great, Mighty and Awesome** by Peter and Ellen Allard

Great, mighty and awesome, yeah! (3x) God Supreme! (2x)

We sing love, we sing praise, we sing joy all our days!

Please rise...

Sh'ma Yisrael Adonai Eloheinu, Adonai Echad. שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ. יְיָ אֶחָד:

Hear O Israel, Adonai is our God, Adonai is one.

Open the Aron Kodesh and give a Torah to each child...

Ki mitzion, t'zei— Torah (2x)

Ud'var Adonai mi'ru-sba-la—yim

*כִּי מִצִּיּוֹן תֵּצֵא תּוֹרָה.
וּדְבַר-יְהוָה מִירוּשָׁלַיִם:*

For out of Zion shall go forth Torah, and the word of God from Jerusalem.

Baruch shenatan Torah (Torah) (2x)

L'amo Yisrael bik-dush-a-to

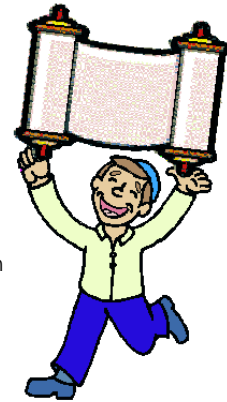
*בְּרוּךְ שֶׁנָּתַן תּוֹרָה
לְעַמּוֹ יִשְׂרָאֵל בְּקֹדֶשׁ:*

Praised be the Eternal who in holiness has given the Torah to the people Israel.

Children hold the Torahs high over their heads...

This is the Torah that God gave to Moses,
and Moses to the people of Israel, in holiness.

Children sit with Torahs in laps...



♪ **Moses Climbed Mt. Sinai** to the tune of The Bear Went Over the Mountain

Moses climbed Mt. Sinai (3x), and what do you think he got?

And what do you think he got? (2x)

When Moses climbed Mt. Sinai, what do you think he got?

He got the 10 Commandments (3x) and also the Torah...

Moses climbed down Mt. Sinai (3x), and gave the Torah to us...

♪ **God Gave Us the Ten Commandments** to the tune of Going to the Zoo by Tom Paxton

Chorus:

God gave us the Ten Commandments,

the Ten Commandments, the Ten Commandments;

God gave us the Ten Commandments, and this is what they say...

Adonai is our one and only God; be a good friend to everyone;

Try not to hurt anyone; it's all in the Ten Commandments! (chorus)

Listen to what your mommy and daddy say; take a good rest on the Sabbath day;

Don't take anybody's toys away; it's all in the Ten Commandments! (chorus)



Give the Torah a kiss...

♪ **Little Taste of Torah** by Peter and Ellen Allard

Chorus:

A little taste of Torah on my lips today, a little taste of Torah on my lips—!

Little taste of Torah on my lips today, la'asok b'divrei Torah! (repeat)

Words so sweet! Words so wise! Words that open up my eyes! (repeat, then chorus)

Teaching love, teaching justice, teaching goodness, teaching hope! (repeat, then chorus)

4 syncopated
claps after
each line.

Dance with the Torah...

♪ **Torah Torah**

To-rah (6x), To-rah tzi-va la-nu Moshe (repeat)

To-rah, To-rah, To-rah, To-rah, To-rah tzi-va la-nu Moshe (repeat)

To-rah tzi-va la-nu Moshe To-rah tzi-va la-nu Moshe (repeat)

Return Torahs to the Aron Kodesh...

Instruments!...

At the end of our service, we say Aleinu, a prayer that praises God, and we pray for a world that is free of poverty and war, injustice and hate.

בְּיוֹם הַהוּא יְהִי יי אֶחָד, וְשִׁמוֹ אֶחָד!

Bayom hahu yi-hi-yeh Adonai echad, u'sh'mo echad

On that day, God will be one, and God's name shall be one!

♪ **It's Shavuot** adapted by Lisa Baydush to the tune of We Sing Shabbat by Peter and Ellen Allard

Chorus:

It's Shavuot! (echo and clap 4x); It's Shavuot! (echo and clap 4x);

Chag Sameach! It's Shavuot! (repeat)

Study Torah, read the Book of Ruth,

Eat dairy food all day – yum!

Hear the 10 Commandments read at shul,

Have a joyous holiday! (chorus)

**Chag
Sameach!**

Lisa

About Shavuot...

Shavuot commemorates the day that God gave the Ten Commandments (and subsequently, the whole Torah) to Moses and the Israelites at Mount Sinai. The holiday is referred to as the time of the *giving* of the Torah, rather than the *receiving* of the Torah because we celebrate the day that the Torah was first given to us, and recognize that we are constantly in the process of receiving the Torah.

Shavuot is one of the three Biblical pilgrimage festivals along with Passover and Sukkot. Shavuot is directly linked to Passover through **the Counting of the Omer**, in which each of the 49 days between the two holidays are counted daily. The mitzvah of counting the omer derives from the commandment to count 49 days beginning from the day on which the Omer, a sacrifice containing an omer-measure of barley, was offered in the Temple in Jerusalem, up until the day before an offering of wheat was brought to the Temple on Shavuot. In ancient times, the grain harvest lasted seven weeks, beginning with the harvesting of barley and ending with the harvesting of wheat. **Shavuot was thus the concluding festival of the grain harvest**, just as the 8th day of Sukkot was the concluding festival of the fruit harvest.

Shavuot was also when the first fruits (bikkurim) were harvested and brought to the Temple, and is known as **Chag ha-Bikkurim**, the Festival of the First Fruits. The bikkurim were brought from the seven species for which the land of Israel is praised in the Torah: wheat, barley, grapes, figs, pomegranates, olives, and dates.

As we count the Omer from Passover to Shavuot, we are mindful of the connection between our redemption from slavery and the gift that is Torah. Let us take the opportunity that Shavuot offers to reawaken and strengthen our relationship with God by **rededicating ourselves to the observance and study of the Torah.**

Customs of Shavuot...

- All-Night Torah Study;
- Hearing the reading of The Ten Commandments;
- Reading the Book of Ruth... on Shavuot, we honor Ruth's choice to become a member of the Jewish people, who are defined by our acceptance of the Torah;
- Eating Dairy Foods... this custom harks back to King Solomon's portrayal of the Torah as "honey and milk...under your tongue" (Song of Songs 4:11);
- Decorating with greenery and flowers... our sages taught that although Mt. Sinai was situated in a desert, in honor of the Torah, the desert bloomed and sprouted flowers.